

from www.perennials.com/index.html?item=11

EASY GERMINATORS:

These seeds are great ones to get started with, especially if you plan to sow seeds indoors under lights. None require any special cold treatment. Just sow as for tomatoes or peppers but allow 6 to 12 weeks for germination:

Achillea (Yarrow)
Alcea (Hollyhock)
Alyssum (Perennial Alyssum)
Anthemis (Perennial Marguerite)
Aquilegia (Columbine)
Arabis (Wall Cress)
Armeria (Thrift)
Aster
Aubrieta (Rock Cress)
Aurinia (Basket-of-Gold)
Bellis (English Daisy)
Campanula carpatica
Campanula persicifolia (Bellflower)
Catananche (Cupid's Dart)
Centaurea (Cornflower)
Centranthus (Red Valerian)
Cerastium (Snow-in-Summer)
Coreopsis (Tickseed)
Cynara (Cardoon)
Globe Artichoke)
Dianthus (Pinks)
Carnations
Sweet William)
Digitalis (Foxglove)
Doronicum (Leopard's Bane)
Echinacea purpurea (Purple Coneflower)
Echinops (Globe Thistle)
Erigeron (Fleabane Daisy)
Erysimum allionii (Siberian Wallflower)
Gaillardia (Blanket Flower)

Geum (Avens)
Gypsophila (Baby's-Breath)
Helenium (Helen's Flower)
Hesperis (Dame's Rocket)
Heuchera (Old-fashioned Coral Bells)
Kniphofia (Torchlily)
Leucanthemum (Shasta Daisy)
Liatris (Blazingstar)
Limonium (Sea Lavender)
Linum perenne (Blue Flax)
Lunaria (Money Plant)
Silver Dollar)
Lupinus (Lupine)
best sown directly outside in late spring)
Lychnis (Campion)
Malva (Mallow)
Monarda (Beebalm)
Myosotis sylvatica (Forget-me-not)
Origanum (Oregano)
Papaver (Poppy)
Physostegia (Obedient Plant)
Polemonium (Jacob's Ladder)
Potentilla (Cinquefoil)
Rudbeckia hirta (Gloriosa Daisy)
Salvia (Perennial Sage)
Stachys (Lamb's Ears)
Tanacetum (Painted Daisy)
Feverfew)
Thymus serpyllum (Mother-of-Thyme)
Verbascum (Mullein)
Verbena
Veronica most tall types (Speedwell),
Viola hybrids (Winter Pansy).

www.perennials.com/content/top-10-perennials/

FOR ADVANCED SEED STARTERS ONLY:

These seeds are trickier to handle.

Many are tiny, and most require a **special cold treatment** or absolutely nothing will happen. See the the link above for specific details.

Acanthus (Bear's-Breeches)
Aconitum (Monkshood)
Alchemilla (Lady's Mantle)
Alstroemeria (Peruvian Lily)
Anemone (Windflower)
Angelica
Arum
Aruncus (Goat's Beard)
Asarum (Wild Ginger)
Asclepias (Milkweed)
Astrantia (Masterwort)
Baptisia (False Indigo)
Bergenia
Buddleia (Butterfly Bush)
Caltha (Marsh Marigold)
Caryopteris (Bluebeard)
Chelone (Turtlehead)
Chrysogonum (Golden Star)
Cimicifuga (Bugbane)
Clematis
Corydalis (Fumitory)
Crambe (Seakale)
Cyclamen
Delphinium
Dicentra (Bleedingheart)
Dictamnus (Gas Plant)
Dodecatheon (Shooting Star)
Eremurus (Foxtail Lily)
Eryngium (Sea Holly)
Eupatorium (Boneset)
Euphorbia (Spurge)
Filipendula (Meadowsweet)
Fuchsia

Gaura (Butterfly Gaura)
Gentiana (Gentian)
Geranium species (Cranesbill Geranium)
Goniolimon (German Statice)
Gunnera
Helianthemum (Rock Rose)
Helianthus (Perennial Sunflower)
Heliopsis (False Sunflower)
Helleborus (Christmas & Lenten Rose)
Heuchera hybrids (Fancy-leaf Coral Bells)
Hibiscus (Hardy Hibiscus)
Hypericum (St. John's-Wort)
Iberis (Perennial Candytuft)
Incarvillea (Hardy Gloxinia)
Iris species
Jasione (Shepherd's Bit)
Kirengeshoma (Waxbells)
Knautia (Crimson Scabious)
Lathyrus (Perennial Sweet Pea)
Lavandula (Lavender)
Lavatera (Tree Mallow)
Leontopodium (Edelweiss)
Lewisia
Ligularia
Lobelia
Lysimachia (Loosestrife)
Macleaya (Plume Poppy)
Mazus (Creeping Mazus)
Mertensia (Virginia Bluebells)
Myrrhis odorata (Sweet Cicely)
Nepeta (Catmint)
Oenothera (Evening Primrose Sundrops)
Omphalodes (Naval-seed)
Penstemon (Beard-tongue)
Perovskia (Russian Sage)
Persicaria (Fleeceflower)
Phlomis
Phlox (all types)
Physalis (Chinese Lantern)
Platycodon (Balloon Flower)

Podophyllum (May Apple)
Primula (Primrose all types)
Pulsatilla (Pasque-flower)
Ranunculus (Buttercup)
Ratibida (Prairie Coneflower)
Rheum (Rhubarb)
Rodgersia
Rosmarinus (Rosemary)
Rudbeckia (Black-eyed Susan, most)
Rumex sanguineus (Bloody Dock)
Sanguinaria (Bloodroot)
Sanguisorba (Burnet)
Saponaria (Soapwort)
Saxifraga (Saxifrage)
Scabiosa (Pincushion Flower)
Sedum (Stonecrop)
Sempervivum (Hen-and-Chicks)
Sidalcea (Prairie Mallow)
Silene (Campion catchfly)
Sisyrinchium (Blue-eyed Grass)
Stokesia (Stokes' Aster)
Teucrium (Germander)
Thalictrum (Meadow-rue)
Tiarella (Foamflower)
Tradescantia (Spiderwort)
Tricyrtis (Toad-lily)
Trollius (Globeflower)
Vernonia (Ironweed)
Veronica Dwarf Types (Speedwell)
Veronicastrum (Culver's-root)
Viola species types (Violets)
Waldsteinia (Barren Strawberry)
Zantedeschia (Calla Lily).